Health and medicine

VOCABULARY PRACTICE

PRE-INTERMEDIATE | A2-B1

Name: _____ **Date:** _____

1 Match each health word with its meaning.

1 rash	____	a pain in the back
2 bruise	____	b piece of material placed around an injury
3 sore throat	____	c small solid piece of medicine
4 temperature	____	d red or irritated area on the skin
5 backache	____	e painful or uncomfortable throat
6 dizzy	____	f mark caused by a hit under the skin
7 bandage	____	g feeling that the room is spinning
8 tablet	____	h body heat higher than normal

2 Complete the health expressions.

ankle | appetite | bug | eye | head | over | pressure | sick

1 a black _____

2 high blood _____

3 feel _____

4 lose your _____

5 pick up a _____

6 get _____ an illness

7 sprain your _____

8 your _____ hurts

3 Choose the correct word or phrase.

1 A painful mark after a fall is a *bruise / rash*.

2 If your head is spinning, you feel *dizzy / itchy*.

3 A cut may need a *bandage / tablet*.

4 You *take / eat* medicine.

5 A doctor may *give / do* you an injection.

6 She *sprained / broke* her ankle but no bone was damaged.

7 It took him a week to *get over / get up* the cold.

8 The surgeon operated *on / at* the patient.

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4 Complete the clinic conversation with words from the box.

aching | appetite | bandage | dizzy | rash | sore throat | temperature | virus

DOCTOR: What seems to be the problem?
PATIENT: I've got a **1** _____ and my whole body is **2** _____.
DOCTOR: Have you taken your **3** _____?
PATIENT: Yes, it was high. I've also lost my **4** _____ and I feel **5** _____ when I stand up.
DOCTOR: It may be a **6** _____. I can also see a small **7** _____ on your arm.
PATIENT: That is from a cut. I put a **8** _____ on it.

5 Read the text. Write T (true) or F (false).

A fall at basketball practice

During practice, Sam landed badly and hurt his wrist. It became swollen and painful, so the coach put ice on it and called Sam's father. At the clinic, an X-ray showed that no bone was broken. The doctor said it was a sprain and put the wrist in a support bandage. Sam was told to avoid basketball until a follow-up appointment. Two days later, the swelling had started to go down.

1 Sam injured his ankle. T / F

2 The coach used ice. T / F

3 The X-ray showed a broken bone. T / F

4 The doctor diagnosed a sprain. T / F

5 Sam should play basketball immediately. T / F

6 The swelling began to improve. T / F

6 Rewrite using the word in capitals.

1 My back is painful. **ACHES** _____

2 She recovered from the virus. **GOT** _____

3 His skin makes him want to scratch. **ITCHING** _____

4 The doctor performed surgery on him. **OPERATED** _____

OVER TO YOU

Write **70-90 words** about a fictional patient with a minor illness or injury. Describe the symptoms, the medical visit and the recovery.

[ ] Use at least eight target words. [ ] Use have, feel and hurt accurately. [ ] Keep the sequence clear.

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ANSWER KEY

1 Health words

1 **d** 2 **f** 3 **e** 4 **h** 5 **a** 6 **g** 7 **b** 8 **c**

2 Health expressions

1 **eye** 2 **pressure** 3 **sick** 4 **appetite** 5 **bug** 6 **over** 7 **ankle** 8 **head**

3 Correct choices

1 **bruise** 2 **dizzy** 3 **bandage** 4 **take**
5 **give** 6 **sprained** 7 **get over** 8 **on**

4 Clinic conversation

1 **sore throat** 2 **aching** 3 **temperature** 4 **appetite** 5 **dizzy** 6 **virus** 7 **rash** 8 **bandage**

5 Reading - suggested answers

1 **F** - He injured his wrist. 2 **T** 3 **F** - No bone was broken. 4 **T** 5 **F** - He should wait. 6 **T**

6 Rewriting - possible answers

1 My back **aches**. 2 She **got over** the virus. 3 His skin is **itching**. 4 The doctor **operated on** him.

Over to you: Answers will vary. Check symptoms, treatment vocabulary and chronological order.