Health and medicine

VOCABULARY PRACTICE

INTERMEDIATE | B1-B2

Name: _____ **Date:** _____

1 Match each medical term with its meaning.

1 symptom	____	a return to health after illness or injury
2 diagnosis	____	b unwanted reaction to a medicine
3 prescription	____	c examination intended to assess general health
4 infection	____	d conclusion about the cause of a health problem
5 side effect	____	e physical sign noticed by a patient
6 recovery	____	f invasion of the body by harmful organisms
7 swelling	____	g written instruction for obtaining medicine
8 check-up	____	h enlargement of a body part after injury or inflammation

2 Complete the medical collocations.

appointment | **course** | **diagnosis** | **dose** | **examination** | **painkillers** | **prescription** | **symptoms**

1 make an _____

2 describe your _____

3 carry out an _____

4 reach a _____

5 write a _____

6 take a full _____ of antibiotics

7 take _____ for the pain

8 follow the recommended _____

3 Correct one mistake in each sentence.

1 The doctor **made me an examination**. _____

2 I have been **suffering with** back pain. _____

3 She is slowly **recovering of** the operation. _____

4 This medicine can **make side effects**. _____

5 The nurse **measured my temperature**. _____

6 He was **diagnosed of** an ear infection. _____

7 You should not stop the **antibiotic travel** early. _____

8 The swelling has **gone lower**. _____

Health and medicine

VOCABULARY PRACTICE

INTERMEDIATE | B1-B2

4 Complete the patient record with words from the box.

check-up | course | diagnosis | dose | infection | prescription | recovery | side effects | symptoms | swelling

The patient attended a routine **1** _____ and reported new **2** _____: pain and **3** _____ around the left ear. Examination suggested an **4** _____. After confirming the **5** _____, the doctor wrote a **6** _____. The patient was told to complete the full **7** _____, follow the stated **8** _____ and report serious **9** _____. A follow-up will assess **10** _____.

5 Read the text and answer the questions briefly.

Why clear instructions matter

After a minor operation, Maya received written and spoken instructions. The nurse explained how to keep the wound clean, which warning signs to watch for and when to return for a check-up. Maya repeated the main points in her own words, allowing the nurse to correct one misunderstanding. At home, she used a simple schedule for her tablets and recorded changes in pain and swelling. When redness increased, she contacted the clinic promptly rather than waiting for the planned appointment.

1 How were the instructions provided? _____

2 What three topics did they cover? _____

3 Why did Maya repeat the information? _____

4 How did she organise her tablets? _____

5 What changes did she record? _____

6 Why did she contact the clinic early? _____

6 Rewrite using the word in capitals.

1 The doctor identified the condition. **DIAGNOSIS** _____

2 The medicine caused an unwanted reaction. **EFFECT** _____

3 He is becoming healthy again. **RECOVERING** _____

4 The doctor gave written instructions for medicine. **PRESCRIPTION** ___

OVER TO YOU

Write a **100-120 word** fictional patient record. Include symptoms, examination, diagnosis, treatment instructions and follow-up.

[ ] Use at least ten target expressions. [ ] Use medical collocations accurately. [ ] Distinguish symptoms from diagnosis.

Health and medicine

ANSWER KEY

1 Medical terms

1 **e** 2 **d** 3 **g** 4 **f** 5 **b** 6 **a** 7 **h** 8 **c**

2 Medical collocations

1 **appointment** 2 **symptoms** 3 **examination** 4 **diagnosis** 5 **prescription** 6 **course** 7 **painkillers** 8 **dose**

3 Corrections

1 **examined me / carried out an examination** 2 suffering **from** 3 recovering **from** 4 **cause** side effects
5 **took my temperature** 6 diagnosed **with** 7 antibiotic **course** 8 gone **down**

4 Patient record

1 **check-up** 2 **symptoms** 3 **swelling** 4 **infection** 5 **diagnosis** 6 **prescription** 7 **course** 8 **dose** 9 **side effects** 10 **recovery**

5 Reading - suggested answers

1 In writing and orally. 2 Wound care, warning signs and follow-up. 3 To check her understanding.
4 With a schedule. 5 Pain and swelling. 6 Redness increased.

6 Rewriting - possible answers

1 The doctor made a **diagnosis**. 2 The medicine had a **side effect**. 3 He is **recovering**. 4 The doctor wrote a **prescription**.

Over to you: Answers will vary. Check clinical sequence, collocations and clear follow-up instructions.