Illness: feeling under the weather

VOCABULARY PRACTICE
PRE-INTERMEDIATE | A2-B1

Name: _____ Date: _____

1 Match each illness word with its meaning.

1 symptom ____	**a** a sign that shows you are ill
2 cold ____	**b** a common mild illness affecting the nose and throat
3 fever ____	**c** a higher than normal body temperature
4 cough ____	**d** a sudden noise made by pushing air from your lungs
5 headache ____	**e** pain in your head
6 tired ____	**f** needing sleep or feeling weak
7 rest ____	**g** to stop activity and relax
8 medicine ____	**h** a substance used to treat illness
9 sore throat ____	**i** pain when swallowing
10 recover ____	**j** to become healthy again after illness

2 Choose the correct form.

1 She has a symptom / symptoms of flu.

2 He has a cold / colds.

3 She had a fever / fevers last night.

4 He has a bad cough / coughs.

5 I have a terrible headache / headaches.

6 She feels tired / tiredness.

7 He needs to rest / rested.

8 Take this medicine / medicines twice a day.

3 Complete the descriptions with words from the box.

cold | cough | fever | headache | medicine | recover | rest | symptoms

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Ana: She has a 1 _____ and a 2 _____ that won't go away.
The doctor gave her 3 _____ to help.
Leo: He noticed several 4 _____, including a slight
5 _____ and a bad 6 _____.
Advice: Get plenty of 7 _____ and drink water so you can
8 _____ quickly.

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4 Match each word with its opposite.

1 healthy ____	**a** sick
2 recover ____	**b** relapse
3 tired ____	**c** energetic
4 mild ____	**d** severe
5 sore ____	**e** painless
6 sudden ____	**f** gradual
7 improve ____	**g** worsen
8 contagious ____	**h** non-contagious

5 Read the text. Write T (true) or F (false).

Feeling under the weather

Leo woke up with a headache and a sore throat. By afternoon, he also had a slight fever and a cough. He decided to stay home, take some medicine and rest. His mother told him to drink plenty of water. After two days of rest, Leo started to feel much better and was able to return to work.

1 Leo woke up with a headache. T / F

2 He felt fine all day. T / F

3 He had a fever and a cough. T / F

4 He went to work immediately. T / F

5 He was told to drink water. T / F

6 He felt better after two days. T / F

6 Complete the sentences with the correct preposition (of, with, for, from).

1 She has a fever _____ 39 degrees.

2 He stayed home _____ a cold.

3 She recovered _____ the flu.

4 He took medicine _____ his headache.

OVER TO YOU

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VOCABULARY PRACTICE
PRE-INTERMEDIATE | A2-B1

Write a 70-90 word description of a time you or someone you know felt unwell. Include the symptoms and how you recovered.

[ ] Use at least eight target words. [ ] Use past tenses accurately. [ ] Keep the description clear and calm.

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VOCABULARY PRACTICE
PRE-INTERMEDIATE | A2-B1

ANSWER KEY

1 Illness words

1 a 2 b 3 c 4 d 5 e 6 f 7 g 8 h 9 i 10 j

2 Choose the correct form

1 symptoms 2 cold 3 fever 4 cough 5 headache 6 tired 7 rest 8 medicine

3 Descriptions

1 cold 2 cough 3 medicine 4 symptoms 5 fever 6 headache 7 rest 8 recover

4 Opposites

1 a 2 b 3 c 4 d 5 e 6 f 7 g 8 h

5 Reading

1 T
2 F - he developed a fever later.
3 T
4 F - he stayed home.
5 T
6 T

6 Prepositions

1 of 2 with 3 from 4 for

Over to you

Answers will vary. Check clear organisation, accurate forms and calm wording.