ADJECTIVES IN -ED / -ING

B1 — Intermediate

English Grammar Worksheets | Participial Adjectives: bored / boring • Feelings vs Causes • Use in Context

4 Worksheets: Extending the Range • Prepositions after -ed Adjectives • Transformation & Correction • Reading & Writing | Answer Key Included

Worksheet 1: Extending the Range

Name: _____ Date: _____ Level: B1 (CEFR)

Reference: B1 Pairs

confused / confusing	embarrassed / embarrassing	disappointed / disappointing
exhausted / exhausting	fascinated / fascinating	terrified / terrifying
satisfied / satisfying	depressed / depressing	shocked / shocking
thrilled / thrilling	irritated / irritating	inspired / inspiring

Exercise A – Complete with the correct form of the verb in brackets.

1. The final chapter was so _____ that I read it twice. (thrill)

2. I was deeply _____ by the documentary about the ocean. (fascinate)

3. Moving house is an _____ process. (exhaust)

4. He felt _____ when he forgot his lines on stage. (embarrass)

5. The constant drilling next door is extremely _____ . (irritate)

6. The results were _____ — nobody expected them. (shock)

7. She gave an _____ speech about volunteering. (inspire)

8. The rules of cricket are _____ for beginners. (confuse)

Exercise B – One of the two options is much more natural. Choose it and say why.

1. After the marathon, the runners were exhausting / exhausted.

_____

2. It was a terrified / terrifying experience.

_____

3. The service was slow and the food was disappointed / disappointing.

_____

4. I'm totally confused / confusing by this timetable.

_____

5. A hot bath is deeply satisfied / satisfying after a long day.

_____

Score: _____ / 13

Worksheet 2: Prepositions after -ed Adjectives

Name: _____ Date: _____ Level: B1 (CEFR)

Reference

Adjective + preposition	Example
interested IN	She is interested in astronomy.
bored WITH/BY	He got bored with the routine.
excited ABOUT	We are excited about the trip.
worried ABOUT	They are worried about the exam.
satisfied / disappointed WITH	I was disappointed with the result.
surprised / shocked AT/BY	She was surprised at the news.
frightened / terrified OF	He is terrified of spiders.
embarrassed ABOUT/BY	I was embarrassed about my mistake.

Exercise A – Complete with the correct preposition.

1. Are you interested _____ modern art?

2. She was surprised _____ how quickly the time passed.

3. My brother is terrified _____ flying.

4. We're really excited _____ the concert next week.

5. He was disappointed _____ his exam results.

6. Don't be worried _____ the interview — you'll be fine.

7. I soon got bored _____ the computer game.

8. She felt embarrassed _____ her old photos.

Exercise B – Rewrite using the word in brackets + the correct preposition. Example: "Spiders frighten him." (terrified) → "He is terrified of spiders."

1. "Astronomy interests her." (interested)

_____

2. "The exam worries them." (worried)

_____

3. "The result disappointed us." (disappointed)

_____

4. "The trip excites the children." (excited)

_____

Score: _____ / 12

Worksheet 3: Transformation and Correction

Name: _____ Date: _____ Level: B1 (CEFR)

Exercise A – Rewrite each sentence twice: once with an -ing adjective, once with an -ed adjective. Example: "The film bored me." → "The film was boring." / "I was bored (by the film)."

1. The instructions confused everyone.

_____

_____

2. The rollercoaster terrified my cousin.

_____

_____

3. The ending of the series disappointed the fans.

_____

_____

4. Her progress amazed her teachers.

_____

_____

Exercise B – Six of the eight sentences contain an error. Find and correct them; tick the correct ones.

1. It was such an embarrassed situation that I left early.

_____

2. I'm fascinating by ancient history.

_____

3. The weather forecast is worrying — a storm is coming.

_____

4. We were thrilling to hear your news!

_____

5. This grey, rainy weather is really depressed.

_____

6. The lecture was interesting, but the room was freezing.

_____

7. He's bored of with his job.

_____

8. What an exhausted journey — twelve hours on the bus!

_____

Score: _____ / 16

Worksheet 4: Reading and Writing

Name: _____ Date: _____ Level: B1 (CEFR)

Part A – Read the review and answer the questions.

I had high hopes for "Midnight Station", so the first hour was genuinely disappointing: a confusing plot, wooden dialogue, and a hero I found more irritating than inspiring. But the second half is a different film. The chase across the frozen lake is truly thrilling, and the final twist left me completely shocked — in the best way. I walked out exhausted but satisfied. Fascinated viewers will spot clues hidden from the very first scene.

1. List the five -ing adjectives and the four -ed adjectives in the review.

_____

_____

2. "more irritating than inspiring" — who feels the irritation, and what causes it?

_____

3. "Fascinated viewers will spot clues": rewrite this idea using "fascinating" so that the meaning stays similar.

_____

4. Which two adjectives describe the reviewer's state at the end?

_____

Part B – Intensifiers. Rewrite each sentence replacing "very" with a more natural strong intensifier (completely, absolutely, deeply, truly, utterly) — or explain why "very" is fine.

1. I was very exhausted.

_____

2. The book was very interesting.

_____

3. She was very terrified.

_____

4. The trip was very tiring.

_____

Part C – Write a review (80–100 words) of a film, game or book that changed your opinion halfway through. Use at least four -ed and four -ing adjectives, and at least two adjective + preposition combinations from Worksheet 2.

_____

_____

_____

_____

_____

_____

_____

_____

Word count: _____

Score: _____ / 20

Answer Key & Teacher Notes

For teacher use only

Worksheet 1

#	Item	Answer / Guidance
A	Verb forms	**thrilling, fascinated, exhausting, embarrassed, irritating, shocking, inspiring, confusing**
B	Natural choice	**exhausted (people's feeling); terrifying (the experience causes fear); disappointing (the food is the cause); confused (my feeling); satisfying (the bath is the cause)**

Worksheet 2

#	Item	Answer / Guidance
A	Prepositions	**in, at/by, of, about, with, about, with/by, about/by**
B	Rewrites	**She is interested in astronomy. They are worried about the exam. We were disappointed with the result. The children are excited about the trip.**

Worksheet 3

#	Item	Answer / Guidance
A	Double rewrites	**1 The instructions were confusing. / Everyone was confused. 2 The rollercoaster was terrifying. / My cousin was terrified. 3 The ending was disappointing. / The fans were disappointed. 4 Her progress was amazing. / Her teachers were amazed.**
B	Error hunt	**1 embarrassing; 2 fascinated; 3 ✓; 4 thrilled; 5 depressing; 6 ✓; 7 bored with (delete "of"); 8 exhausting**

Worksheet 4

#	Item	Answer / Guidance
A	Review	**1 -ing: disappointing, confusing, irritating, inspiring, thrilling. -ed: shocked, exhausted, satisfied, fascinated. 2 The reviewer feels it; the hero causes it. 3 e.g. "Viewers who find the film fascinating will spot clues..." 4 exhausted, satisfied.**
B	Intensifiers	**completely/utterly exhausted (extreme adj); "very interesting" is fine (gradable) or deeply/truly interesting; absolutely/utterly terrified; "very tiring" is fine (gradable).**
C	Review writing	**Check: 4+4 forms, two adj + preposition combinations, opinion shift structure.**